

April 19 – April 23, 2021



CAMBIE WAAAG

| Monday April 19 | Tuesday April 20 | Wednesday April 21 | Thursday April 22 | Friday April 23 |
|---|---|---|---|--------------------|
| Day 2 (1B-2A) | Day 1 (1A-2B) | Day 2 (1B-2A) | Day 1 (1A-2B) | Day 2 (1B-2A) |
| Ed. Facilitators Meeting @ 3:10pm on Teams | Earthquake/Fire @ 11:00am | | Quarter 4 Schedule Reminders Emailed Home | Quarter 3 Last Day |
| After School Support Cambie Commons Teacher Tutoring All Students – All Subjects 3:05 pm- 4:05 pm Be Ready to Succeed | After School Support Cambie Commons Teacher Tutoring All Students – All Subjects 3:05 pm- 4:05 pm Be Ready to Succeed | After School Support Cambie Commons Teacher Tutoring All Students – All Subjects 3:05 pm- 4:05 pm Be Ready to Succeed | After School Support Cambie Commons Teacher Tutoring All Students – All Subjects 3:05 pm- 4:05 pm Be Ready to Succeed | |

Reminder:
First Day of Quarter 4
Monday
April 26, 2021

Every student, every day, whatever it takes!

“A single act of kindness throws out roots in all directions, and the roots spring up and make new trees. The greatest work that kindness does to others is that it makes them kind themselves.”
Amelia Earhart

Today, education looks and feels different than it did a year ago, ten years ago, and for that matter...generations ago. Today, we know more about educating young people than anytime in human history. With all that knowledge and “know how,” it has never been clearer that education ought to include more than just academics and the acquisition of skills. Matters of the heart are paramount and need to be nurtured in the development of well-rounded and emotionally strong, balanced individuals.

It is the work of schools to nurture the heart. Teaching kindness and compassion as well as the opportunity to practice spreading kindness and compassion in a safe learning environment changes the brain. When we show kindness, compassion, and love to others, we feel good about ourselves causing the increase in the production of endorphins. The endorphins activate areas of the brain that are associated with pleasure, social connection, and trust, resulting in a “helper’s high.” The result of the “helper’s high,” is a sense of well-being and increased energy. These feelings of joyfulness are proven to be contagious and encourage more kind behavior by the giver and recipient.

When schools nurture the hearts of students, they help young people form connections with others, create sense of belonging, and improve a child’s self-esteem. When we teach students to be kind, there is a lasting sense of pride and well-being that cannot be acquired through academic success alone. Acts of kindness increase peer acceptance, improve health, lower stress, and improve concentration in students. Nurturing the heart in this way increases feelings of gratitude while also reducing depression and bullying behaviour.

Nurture the heart...for if we want young people to do well, we first need to teach them how to be well.

At Cambie we are “Champions for students!”

Valedictory – Grade 12 Graduation Timeline

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|--|-----------------------|
| Gown sizing and ordering | Completed |
| Parent Messages | Completed |
| Valedictorian/Historian/Poet Applications | Completed |
| Valedictorian/Historian/Poet Selection | Late April |
| Tentative Filming Date (details TBA) | May 21 st |
| Valedictory Video Release & Premiere Event | June 11 th |

DATES TO REMEMBER:

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| Apr 19 | Ed. Facilitators Meeting (Teams) @ 3:10pm |
| Apr 20 | Earthquake Drill (11:00am) |
| Apr 23 | Last Day of Quarter 3 |
| Apr 26 | First Day of Quarter 4 |
| Apr 26 | SCC Meeting on Teams @ 3:10pm |
| Apr 27 | Quarter 3 Marks Due |
| Apr 30 | Quarter 3 Report Cards published |
| May 3 | Quarter 4 Teacher Introductions emailed home |
| May 3 | Staff Meeting (Teams) @ 3:10pm |
| May 6 | PAC Meeting @7pm (Zoom) |
| May 11 | Health and Safety – Lunch (Teams) |
| May 17 | Ed. Facilitators Meeting (Teams) @ 3:10pm |
| May 21 | Pro-D Day (School Closed) |

Athletics at Cambie

Following the required Health and Safety protocols, Cambie is safely running grade 8 boys’ volleyball, grade 9 boys’ volleyball, grade 8 badminton club, and a grade 9 badminton club. Participants benefit from all that comes with physical activity and team sport. In mid-May, there will be a skills clinic for grade 8 and grade 9 boys interested in touch rugby too. We are so proud that our school has been able to help so many students stay active and involved during this tough year. Well-done, Cambie!

Quarter 3 Reporting Timeline

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|----------------|--|
| Before Apr 27 | <ul style="list-style-type: none"> • Marks, WH, Comments entered • Verification reports checked thoroughly |
| Apr 27 by 12pm | <ul style="list-style-type: none"> • All marks posted in MyEd BC and Modified Evaluations sent to office |
| Apr 27–30 | <ul style="list-style-type: none"> • Admin/Counsellors review all report cards |
| Apr 29 by 12pm | <ul style="list-style-type: none"> • All remaining attachments emailed to office |
| Apr 30 at 12pm | <ul style="list-style-type: none"> • Report Cards posted to MyEd Family Portal • Attachments emailed home |

Richmond Reading Riot

Once again, the Cambie Library is pleased to participate in the Richmond Reading Riot. The contest runs up to 30th of April. It is easy to join! Read as many of the designated 9 books as you can. After you finish each book, fill out a ballot in the library. Every Friday, a ballot is drawn, and one participant wins a prize, so come and join in on the fun!

Preparing for the end of Quarter 3 & the being of Quarter 4

As we enter the final week of Q3, we want to remind students to ensure they have a strong finish to their current classes. Additionally, the start of Q4 is a great opportunity for all of us to refocus our efforts and set goals for one last fresh start of the year and ensure we all *raise the bar* for this final term.