

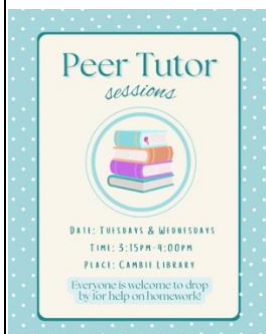
October 12 - 16, 2026

Monday October 12	Tuesday October 13	Wednesday October 14	Thursday October 15	Friday October 16
 School Closed	Block B8:30 – 9:27 PLT9:32 – 10:32 Block A10:37 – 11:35 Recess11:35 – 11:50 Block D11:50 – 1:13 Lunch1:13 – 2:00 Block C2:00 – 2:59 BLOCK ROTATION B - A - D - C	BADC	Block B8:30 – 9:36 PLT9:40 – 10:40 Block A10:45 – 11:51 Recess11:51 – 12:06 Block D12:06 – 1:12 Lunch1:12 – 1:53 Block C1:53 – 2:59	BADC  AM ONLY

BLOCK ROTATION
B - A - D - C

Student Homework Club

We have a committed number of students who have volunteered their time to form a Peer Tutoring Club. The focus of the club is to offer homework help to other students. We meet in the Library Tuesdays and Wednesdays from 3:15-4pm. If your child would like to drop in for some homework support, we would love to see them in the library!



E-Scooter Safety Expectations

As we are seeing around the lower mainland, e-scooters are becoming very popular. It is important for parents to know that it is not legal for students under 16 years of age to ride them. Students 16 years and older, may ride, but **MUST** be wearing a helmet. We have noticed some e-scooters at school and will be meeting with the students to determine their age and to see if they have a helmet. If your child has been bringing their e-scooter to school and is not 16 years old, we ask that you have them keep the scooter at home. Please check out the link below for more information specific to Richmond.

<https://www.richmond.ca/parks-recreation/parks-trails-cycling/cycling/e-scooter.htm>

Wellness Awareness Week October 5-9



This week we have been promoting Wellness Awareness week. On Tuesday, we had a visit with the bunnies from Rabbitat. Students enjoyed sitting quietly among the rabbits.



Erase Training - Registration Open

Erase Training – Registration Open

Safer Schools Together offers training sessions for students, parents/caregivers, and educators. These sessions are designed to help promote informed decision-making both online and offline to ensure safe and caring school communities.

For parents/caregivers and youth aged 10+, **Family Sessions** include:

- Establishing Safe, Caring, & Respectful Digital Communities
- Establishing Family Practices for Safeguarding Against Cyberbullying and Sextortion

The complete [2026/27 erase training schedule](#) is open for registration through 2026.

OCTOBER DATES TO REMEMBER

12	Thanksgiving – School Closed
13	BLOCK ROTATION – B - A - D - C
16	Photo Retakes – AM ONLY
16	Band Retreat
21	Sem 1 Interim Learning Updates Emailed Home
23	Pro - D – Day – No School
28	Staff Collaboration Block – Class starts @ 9:35am

Optional Student Accident Insurance Plan

As in previous years, families can choose to purchase an optional student accident insurance plan for their children through the "InsureMyKids®" program, underwritten by Old Republic Insurance Company of Canada.

The "InsureMyKids®" accident insurance program offers protection against the potentially high costs of any injury resulting from unexpected accidents and is especially valuable for families who:

- do not have medical or dental plans,
- have limited plans, as it may help supplement health and dental benefits, or
- have active children who enjoy sports and outdoor activities.

The insurance agreement will be between the family and Old Republic Canada and will be effective on the date the enrollment application and payment are received by the insurance carrier.

To purchase a student accident insurance plan, families can visit <http://www.insuremykids.com>, or speak with an Old Republic Canada customer service representative at 1-800-463-5437.

The program coverage typically includes:

- A full year (365 days from date of purchase), 24 hours a day, whether at school or at home;
- Expenses such as ambulance, physiotherapy, private tutoring, counselling, and much more that are limited or not covered by private or group insurance plans, or provincial health plans;
- Injury related dental treatment as the result of an accident;
- Out-of-province or country emergency medical expenses. (Platinum Plan Only)

Coffee for sale!

Cambie Music is selling bags of coffee and hot chocolate to help raise funds for our Timberline Ranch Band Retreat! There are several options to choose from and a portion from each sale goes towards funding a student's trip. These make great gifts or office supplies for the coffee lovers in your life!"



Our coffees are roasted freshly to order in small batches to ensure you get the perfect cup of coffee. Organic is ethically sourced. 100% Arabica beans. Reusable cup bag for freshness.

Order online at www.globalcoffeefundraising.ca/camblesmistic

 LIGHT ROAST \$21 450g Plantainino Light This light roast will give you a full flavor that makes you happy, it's smooth. This coffee will make you happy that you didn't miss the second taste.	 MEDIUM ROAST \$21 450g Mezzo Medium A carefully crafted blend of beans, specially selected to create a rich, smooth, & balanced cup of coffee.	 DARK ROAST \$21 450g Forté Dark This is not your average joe. This has been blended to perfection and will leave you craving your next cup and begging for more.
 ESPRESSO ROAST \$21 450g Presto Espresso A classic espresso with a bold, full, balanced and sweet undertones. This blend makes a superb espresso. Enjoyable as a daily coffee treat.	 DECAF \$21 450g Adagio Decaf All the best of decaf coffee without the bitter cup of coffee.	 HOT CHOCOLATE \$10 450g Cremoso Cocoa This is your chocolate with a twist as a 450 gram bag of specialty ground 100% chocolate.

Help Support Us!

By purchasing any of the products above, you are helping us reach our goal!




CAMBLE SECONDARY MUSIC COFFEE FUNDRAISER

Global Coffee Fundraising | www.globalcoffeefundraising.ca | Phone: 604.516.5195

**HELP US REACH OUR
FUNDRAISING GOAL!**

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We are selling freshly roasted coffees and hot chocolate. Every purchase helps us reach our fundraising goals!

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FAMILY WAAG

City of Richmond - Online Youth Resource Guide

The City of Richmond's [Online Youth Resource Guide](#) contains information about primarily Richmond-based community resources targeted to youth ages 13-18. It is designed to be a first step to help connect youth and their families to access information about a wide range of programs, services and resources.

Request for the Administration of Medication at the School

The School District #38 (Richmond), in collaboration with Vancouver Coastal Health – Richmond, has guidelines in place regarding the administration of prescribed medications.

In accordance with these guidelines, non-prescription medications such as Tylenol, Advil, Benadryl, etc. **will not be** administered by Richmond School District staff and will not be kept at school.

For students who require prescribed medications to be administered by school staff, a **Request for Administration of Medication at School (RAMS)** form is necessary to be completed. This form is available at the school office, or on request, can be emailed to you at home. This RAMS form should be taken to your pharmacy so that the prescription label can be attached and then brought to your child's school along with the prescribed medication.

At the start of each school year, you will need to bring an updated 'Request for Administration of Medication at School' form along with your child's medication. Each summer, all medications will be sent home. This will give you the opportunity to use the medication over the summer.

Remember to check the expiry date before sending any medications back to school in September. You can check for expiry date reminders of emergency medication for EpiPen and Allerject on the company websites: www.epipen.ca or www.allerject.ca If you have any questions, please contact your school principal.

Student Photo Day photos

Student Photo Day photos are now online! Students and families will be able to scan their QR codes to view their photos and order or enter their access code on the Artona website: View and Order. All orders placed within 10 days of Cambie's photo day will be shipped to the school free of charge. Any orders placed after this time will be shipped with the retake day packages.

Please visit Artona's website to view your school photo: <https://artona.com>



Grade 12 Scholarship Opportunity – Loran Scholarship

Applications are still open for the 2027 Loran Award, so please continue to connect the university-bound students in your school with this opportunity and encourage them to submit their applications. We are seeking those who distinguish themselves through their strength of character, commitment to service, and an intrinsic sense of values-driven leadership.

Loran Scholars benefit from a four-year leadership enrichment program, financial support for their undergraduate studies, national and international experiential learning opportunities, and a long-term supportive community of peers and mentors, including business and community leaders. In addition to naming up to 36 Loran Scholars, we will also allocate more than \$500,000 in additional one-time awards to up to 54 Loran Finalists and 70 Loran Provincial and Territorial recipients. Applying is always worth the effort!

Students can apply at apply.loranscholar.ca. They may also review what [sets Loran Scholars apart](#), [how to apply](#), and check out a [sample application form](#) ahead of applying. You can also suggest they watch a webinar recording about the 2027 Loran Award.

**The deadline to apply is
Thursday, Oct. 15, 2026, at noon ET**

Connections Community Services Society - Youth Volunteer Opportunities

Connections Community Services Society provides opportunities for youth to gain volunteer experience through serving the communities and supporting those in need.



Collecting your Refundables!

REFUNDABLES

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We are ready to receive recycling refundables. Thank you to our PAC for taking this on as a fundraiser. This is a great way to contribute to PAC school community fundraising which can, in turn, come back to students in the form of bursaries and scholarship funds later in the year. Items such as rinsed out juice cartons, milk cartons, pop cans, etc. Items can be dropped off at the school office. We Thank you in advance!

FOUNDRY RICHMOND

is offering two opportunities for support this fall for 13yr-18yr students. If you are interested in this support please connect with your child's counsellor or reach out directly to Ajay Sahota by email ajay.sahota@vch.ca or TEXT 604.250.5461 Intake is currently open for these groups starting in November, reach out today before they fill up!

MONDAY MINDSHIFT

This group is beneficial if you struggle with anxiety. You will learn how anxiety works and why people experience it. Participants will use the [Mindshift App](#) to learn how to manage anxiety and learn strategies to help reorient thinking, take action, and make lasting positive change. Participants will learn tools to overcome worry, panic, perfectionism, social anxiety, and phobias.

WEDNESDAY COPING SKILLS

This is a skills-based and psychoeducational group. Participants will learn specific coping tools encouraging personal wellness. Participants will learn mindfulness skills, emotion regulation skills, and distress tolerance skills in a supportive environment. This group will support personal growth as we discuss various skills related to coping with strong emotions/urges.



FAMILY WAAG

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