



October 6 - 10, 2025

Monday October 6	Tuesday October 7	Wednesday October 8	Thursday October 9	Friday October 10
BADC	Block A 8:30 – 9:38 PLT 9:43 – 10:31 Block B 10:36 – 11:44 Recess 11:44 – 11:59 Block C 11:59 – 1:07 Lunch 1:07 – 1:52 Block D 1:52 – 3:00	BADC	Block A 8:30 – 9:38 PLT 9:43 – 10:31 Block B 10:36 – 11:44 Recess 11:44 – 11:59 Block C 11:59 – 1:07 Lunch 1:07 – 1:52 Block D 1:52 – 3:00	BADC
BLOCK ROTATION DAY B – A – D – C		Happy Wednesday! Believe in yourself and all that you are. Know that there is something inside of you that is greater than any obstacle. <small>Christian D. Larson Positive Energy Quotes www.positiveenergyquotes.com</small>		 Picture RETAKE DAY MORNING ONLY

NEW BLOCK ROTATION starts Monday
B A D C

Student Photos / Photo Retake Day

Photo Retake Day is in the morning on Friday October 10. It is very important that you arrive on time for school.
If you are having your photo retaken, please remember your Student ID Card. They will NOT retake your photo without it.
A friendly reminder that you are able still to order your child's school photos as there is no deadline for ordering. Order your child's school photos [HERE](#)

Grade 8 Day



This year our Grade 8 Day trip to Spanish Banks was threatened by the possibility of wet weather. While it was a bit damp, the rains held off and our Grade 8s completed their hike in the forest! Thank you to Ms. Paukov, Ms. Wilding, Mr. Mak and Ms. Hui for leading the students and supporting this trip! By all accounts, our Grade 8 Coyotes were a fun and friendly group!

Language Challenge Exams

Language Challenge Exams are available as a way for students to earn credit for languages they can speak read and write.

The languages that are eligible are:

- ASL 11 (American Sign Language)
- Farsi 11 & 12
- French 11 & 12
- Japanese 11 & 12
- Korean 11 & 12
- Mandarin 11 & 12
- Punjabi 11 & 12
- Spanish 11 & 12

If your student is interested in writing an exam to earn elective credit towards their graduation please direct them to see their counsellor for application information or follow this link for all information related to the 2025/26 Language Challenge Exams
<https://www.deltasd.bc.ca/schools/secondary/challenge-exams>

Applications will be due at the school by Thursday Oct.23/25
Teachers if you are aware of a student who might be eligible for this opportunity please encourage them to see their counsellor.

YWCA Volunteer opportunity

Are you looking for a Volunteer opportunity? Would you like to work with a team of volunteers and staff to deliver the YWCA's Guide to Highschool program with a fully prepared curriculum. You would facilitate games and discussions about friendship, healthy habits, extracurriculars, bullying and other related topics. Sessions will be held here at Cambie:

Dates: October 22 - December 10, 2025.
The commitment: 3 hours per week on Wednesdays
Time: 3:00pm - 5:30pm.
Check out our Poster [HERE!](#)

Please reach out to Marcy Timmins, Principal mtimmins@sd38.bc.ca if you require financial assistance for school-related costs. As always, all

DATES TO REMEMBER:

Oct 6	BLOCK ROTATION DAY – B – A – D – C
Oct. 10	Photo Retake Day – Morning Only
Oct 13	Thanksgiving – School Closed
Oct 15	S1 Interim Learning Updates Emailed Home
Oct. 17- 19	Timberline Band Retreat
Oct. 22	Staff Collab – Class Starts at 9:50am
Oct. 23	Rec. Leadership Wake-A-Thon
Oct. 24	Pro-D-Day – School Closed
Oct. 29	CLC Conference Day #1 – Alternate Bell Schedule
Oct. 31	Halloween

Grad 2026 Photo Sessions

Our Grad photo sessions are running from January 13-15, 2026. You are now able to sign up for your photo session. Please click the link [HERE](#) to book your grad photos.

Request for the Administration of Medication at the School

The School District #38 (Richmond), in collaboration with Vancouver Coastal Health – Richmond, has guidelines in place regarding the administration of prescribed medications.

In accordance with these guidelines, non-prescription medications such as Tylenol, Advil, Benadryl, etc. will not be administered by Richmond School District staff and will not be kept at school.

For students who require prescribed medications to be administered by school staff, a Request for Administration of Medication at School (RAMS) form is necessary to be completed. This form is available at the school office, or on request, can be emailed to you at home. This RAMS form should be taken to your pharmacy so that the prescription label can be attached and then brought to your child's school along with the prescribed medication.

Each summer, all medications will be sent home. This will give you the opportunity to use the medication over the summer. At the start of each school year, you will need to bring an updated 'Request for Administration of Medication at School' form along with your child's medication.

Remember to check the expiry date before sending any medications back to school in September. You can check for expiry date reminders of emergency medication for EpiPen and Allerject on the company. Websites: www.epipen.ca or www.allerject.ca

If you have any questions, please the school office.

Mental Illness Awareness Week 2025

We are soon approaching our annual Mental Illness Awareness Week film event, and this year we are discussing the topic of hoarding. On Wednesday October 8th at 6pm, join us for the screening of the film Beyond Hoarding: From Disaster to Recovery. This film highlights the stories of individuals who are directly affected by hoarding, and includes perspectives from family members, friends, and mental health professionals. Following the film, we will be hearing from Dr. Sheila Woody and Dr. Christiana Bratiotis who will elaborate on the themes of the film, discuss common myths and misconceptions around hoarding and offer stories of hope through a harm reduction lens. There will also be a 30 minute Q+A period. Whether you are affected by hoarding in a personal way, have someone in your life affected by hoarding, or are interested in knowing more about the topic, this is a safe place to learn and ask questions. Let's support each other in a non-judgmental and compassionate way while we learn about hoarding together!

Looking forward to seeing you there.

Pathways Clubhouse

Click [HERE](#) for more information on this FREE event, please visit our Eventbrite page.

	<p>requests will be treated with dignity and your privacy will be respected. We want to work with families to ensure that students have everything they need to be successful at school. Do not hesitate to reach out if we can help.</p>	
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