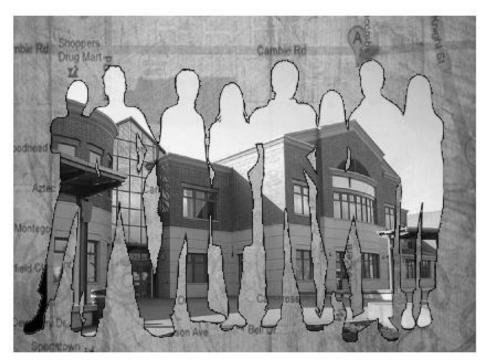


# **H.J. Cambie Secondary Grade 8 Program Planning** 2023-2024



4151 Jacombs Road Richmond, B.C. V6V 1N7 Phone: 604.668.6430

*Come in* we're

**Email:** cambie@sd38.bc.ca **Website:** hjcambie.sd38.bc.ca

**Twitter:** @cambiesecondary



6:30pm ~ Grade 7 Parent Info & Program Planning 7:00pm ~ Open House & Tours 8:00pm ~ Pathways Program Parent Meeting



## A Brief History of Henry James Cambie Secondary School

Cambie Secondary School has a long history in Richmond, which can be traced back to 1928. The school was named after Henry James Cambie, who was a member of the survey team that built the local railroad in 1920. From 1928 to 1952, the school was located on Sexsmith Road and was originally known in this area as the first Richmond High. In 1952, the school was officially renamed Cambie Junior Secondary School. In 1995, the new (and current) facility opened as H. J. Cambie Secondary School.

Cambie Secondary has one of the oldest and richest traditions of any school in Richmond. The school has served the northeast portion of Richmond well and provides exceptional academic, athletic, and artistic opportunities for all. We are glad that you are joining the Cambie family.



Welcome to Cambie!

The Cambie staff would like to welcome you to our learning community. We are very proud of our school and look forward to you becoming part of the Cambie family. We hope that the transition from your elementary school to Cambie goes smoothly. If a problem does occur, please feel free to speak to any of our staff or administrators. We know the first few weeks in a new environment can be confusing and we want to help you feel comfortable in your new school.

Cambie offers many rich and varied educational experiences for all students. We are proud of the large number of classroom and extra-curricular activities that are provided here. In addition to academics, we have a tradition of strong, competitive athletic and robotics teams, outstanding drama productions, excellent musical concerts, and a wide range of clubs. We encourage all students to become involved early in the year and make new friends with similar interests. Your high school friendships can last a lifetime.

We hope you will enjoy your next five years at Cambie and that you are successful in all your academic and extra-curricular pursuits.

Ms. Marcy Timmins Principal Ms. Sarah Ardat Vice Principal Mr. Nik Nashlund Vice Principal





## **Cambie Student Services**

## **Counselling Department** – Mrs. Koo (last names A-L), Mrs. Wilding (last names M-Z)

Cambie Counsellors are available to help with personal challenges, program planning, career planning and/or personal support. Students are encouraged to see their counsellor for assistance in all areas of school or personal life.

Students can get help from their counsellor by visiting the counselling centre during break times or by leaving a note. Parents are also welcome to contact their child's counsellor. Just call the school at 604-668-6430 or email cambie@sd38.bc.ca to make an appointment. The counsellors organize the students they work with based on students' last names (see above).

The Cambie Counselling Department also runs a group of leadership students, known as the Cambie Counselling Centre (CCC) Helpers. These energetic and active students are highly involved in key school events throughout the year. Some of these events include: the Post-Secondary Evening, Christmas Fundraising, Cambie Open House, and Transition Activities. These helpers are easily identifiable in their CCC shirts and can often be seen helping out in the Cambie Counselling Centre.

#### Career Advising - Ms. Millar

Ms. Millar works at Cambie part-time and is available to support students searching for career options, employment opportunities, post secondary education planning, and access to scholarships and bursaries.

## Library Learning Commons - Mrs. Kos (Teacher-Librarian) Ms. Perez (Library Technician)

The Cambie Library is a vibrant, flexible learning space that offers curriculum-oriented nonfiction materials, reference books and encyclopedias, as well as a wide array of fiction titles and magazines. Videos and DVDs are also available for classroom use. The collection, with its range of reading levels, is designed to meet the needs of students and staff doing research projects, independent study, and recreational reading. Computers with internet access are provided for students doing school-related research, and our catalogue is online and can be accessed at home. In addition, students are encouraged to make use of our green screen, white boards, collaboration tables, and 3-D printer. Assistance is always available to students who need help locating resources that will meet their individual needs. The Library Learning Commons is open everyday from 8:00 a.m. to 3:30 p.m





## **Pathways Program**

## Overview

The Pathways Program is an exciting enrichment program that offers an integrated unit of study that combines theme-based, enriched academic courses in:

- English Language Arts
  - S Science
- Social Studies

• Physical & Health Education

Aside from these enriched courses, the Pathways program offers field trips, leadership in the community, and outdoor education.

This integrated program is focused on creating a challenging and enriched learning environment while developing the skills needed to become the strong, upstanding leaders of the future: creativity, innovation, confidence, adaptability, effective communication skills, resilience, and an understanding of the importance of giving back to your community. Pathways continues in these subject areas in grade 9 & 10.

## Selection Criteria

The selection process for this program is based on:

- a desire to pursue leadership opportunities in the school and community
- social maturity and strong interpersonal skills
- academic ability and effective work habits

Students will be required to submit an online application package, which includes a personal statement outlining their interest in the program, an application form, a teacher recommendation checklist, and a current report card indicating a minimum achievement level of C+ in grade 7 (this level of achievement is necessary given the demands of the program). In addition, all applicants will participate in an interview and a team building event with the Pathways team.

## **Application Process**

Application packages must be submitted online by **January 27<sup>th</sup>, 2023.** A Personal Video is due February 10<sup>th</sup>. A Team Building Activity will take place at Cambie on in late February (date TBD). Details are on our website or follow this QR code:

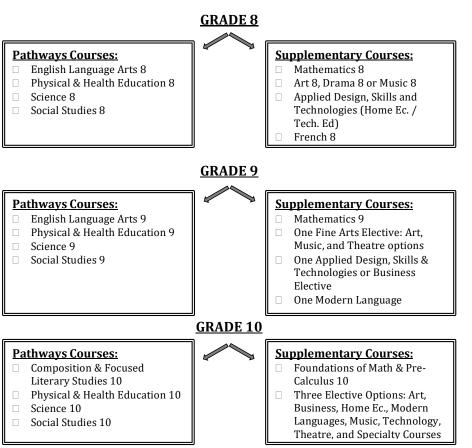
https://hjcambie.sd38.bc.ca/form/pathways-program











Grade 11/12

A wide variety of courses are available in Gr. 11/12 for students in the Pathways Program to select. Students have greater flexibility and options in Gr. 11/12 to allow them to pursue their interests and passions and to enrol in courses that will provide the prerequisites for post-secondary program options. We encourage students to consider requesting Advanced Placement (AP), Enriched and Honours courses as well as Recreation Leadership 11/12.

Gr. 11/12 Pathways students are also encouraged to support the program by pursuing leadership and mentorship opportunities with Gr. 8-10 Pathways events, projects and trips.









## **General Information**

## Attendance

Regular attendance is a legal requirement and is crucial to academic success at school. Therefore, we monitor student attendance closely.

Parents of students who will be absent or late should contact the school office between 7:45 and 8:20 a.m. (604-668-6430) or email cambie@sd38.bc.ca. If the school has not been contacted by first block, administrative assistants or parent volunteers will phone home to check that the student is safely at home with parental permission. For classes missed after first block, an automated call system will contact your home in the evening. When a student is absent without permission, home is contacted. We appreciate parental support in ensuring regular attendance. It is the student's responsibility to contact the teacher to make up missed work. Also, parents can log into MyEdBC and see attendance in 'live' time.

## Lates

Students are expected to arrive on time for all classes. Students who arrive late should report directly to class. If attendance has submitted in MyEdBC, the student will be directed to sign in at the office. Students with frequent lates or absences will have their attendance monitored by the administration and their teachers.

## **Early Dismissal**

If students need to leave during the day due to illness, they must report to the office to sign out. At that time, we will contact parents for permission for the student to leave. If a student needs to leave school early for an appointment, he/she must obtain an early dismissal slip from the office.

## **Costs Associated with Courses**

Basic supplies required to fulfill learning outcomes in all courses will be provided to students free of charge. Should a student wish to use other or additional supplies, these may be purchased independently or through the school on a cost-recovery basis. Students will be asked to pay costs in connection with optional field trips.





## **Provision of Musical Instruments**

Music students will be provided an instrument at no cost. The school has a limited collection of instruments and may not be able to supply a student's first choice. Students using school instruments will share them with other students. Arrangements can be made to practise at school or to borrow the instrument according to a schedule that will be arranged with the other student(s) using the instrument. Students may, however, choose to bring their own musical instruments.

## **Transportation to Cambie**

## School Bus

Limited bus service is provided free of charge to students living outside the 4.8 km radius of the school. If you think you qualify, contact the school District's Transportation Department at the School Board Office 604-668-7838. A Transportation Request Form must be completed. These forms are available at the school office.

## Translink

Cambie is on the regular Translink bus route. The bus schedule to this area of Richmond coordinates closely with our start and end times.

**Route information:** <u>www.translink.bc.ca</u> or 604-953-3333

## **Food Services**

Students can buy breakfast and lunch at school. A broad range of wholesome food items is available throughout the day.

 Breakfast Service
 7:00 a.m. - 11:00 a.m.

 Lunch Service
 11:00 a.m. - 1:20 p.m.

Vending machines that dispense a variety of beverages and snack items are also located in the rotunda. Careful selection of food types based on personal dietary needs is strongly recommended. Students may only purchase food during break times.

There is also a drop-in breakfast and lunch club for anyone who needs a little bit of food during the day. This is coordinated by the Cambie Counselling Center helpers.





## **Student Agendas**

It is strongly recommended that students consistently use the student agenda provided by the school. It is an invaluable resource for school information, school rules, study skills, and academic information. Most importantly, it includes a daily planner for keeping track of homework, due dates, and test dates. Students will also have the option to use the MySchoolDay App as a digital student agenda. Note: Hardcopy agendas are only available to grade 8 students (with some exceptions).

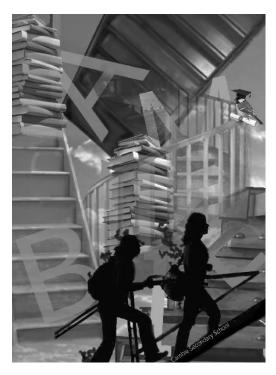
## **Lockers and Locks**

At the beginning of the school year each student is assigned a locker for storage of personal items required at school. This will be your locker for the entire school year.

A sturdy combination lock should be used to secure your locker (no key locks). Locks can be purchased from the school or students may bring their own. All students record their lock combination with their homeroom teacher so if they forget their combination they can retrieve it easily.

There are also general-purpose lockers in the gymnasium area for use during P.E. classes and team practices. It is important to note that many students use these lockers, so they must be cleaned out daily. If you store items in these lockers, please secure them with a sturdy lock and remove your lock at the end of the class or practice.

Valuables should not be brought to school.







## Reporting

Report cards are published in the MyEdBC Family Portal three times a year in the months of December, March, and June. Report cards are designed to provide assessment information in the form of a letter grade, work habits, number of absences, and anecdotal comments for each subject area. However, all grade 8 & 9 teachers are communicating student learning using proficiency scales and learning maps.

Proficiency scale for assessment and evaluation:

Extending = Sophisticated understanding Proficient = Complete understanding Developing = Partial understanding Emerging = Initial understanding

Interim reports are issued for each subject at least twice during the school year in the months of October (Semester 1) and March (Semester 2). Interim reports are meant as a progress report and focus on communicating a student's progress on their work habits in relation to the Cambie 3R's.

**Parent-Teacher Conferences** take place twice a year, after the first interim report and the second interm report.

A mark of **Incomplete or Emerging** on the final June report card indicates that the student should attend summer school to fill in learning gaps before moving on to the next grade level in that course. If a grade 8 or 9 student chooses not to attend summer school, he/she will be encouraged to repeat the course.

For students in grade 10-12, a final June mark of **Fail** indicates that the student has failed to meet learning expectations and will not be permitted to attend summer school. The course will need to be repeated before moving on in that subject area.

Report cards may also include comments about a student's core competencies (such as communication, collaboration, creative thinking, etc.) and work habits (such as attitude, cooperation, participation, punctuality and teamwork), which are all attributes of effective learning.





## Typical Student Day at Cambie (M/T/F in 2022-23) \*Semester Schedule

8:15 a.m.	Arrive at school. Go to your locker. Organize books for your two morning classes.	
8:25 a.m.	Warning Bell. Proceed to $1^{ST}$ Period.	
8:30 a.m.	Class begins.	
9:50 a.m.	End of $1^{ST}$ Period.	
9:55 a.m.	<b>a.m.</b> 2 <sup>ND</sup> Period begins (includes daily PA announcements).	
11:15 a.m.	<b>1:15 a.m.</b> End of 2 <sup>ND</sup> Period. The 15-minute recess break begins.	
11:25 a.m.	<ul> <li>Warning Bell.</li> <li>Proceed to 3<sup>RD</sup> Period.</li> </ul>	
11:30 a.m.	a.m. 3 <sup>RD</sup> Period begins.	
12:50 p.m.	3 <sup>RD</sup> Period ends. The 45-minute lunch break begins. Organize materials for your afternoon class.	
1:30 p.m.	Warning Bell. Proceed to 4 <sup>™</sup> Period.	
1:35 p.m.	<b>n.</b> $4^{TH}$ Period begins.	
2:55 p.m.	4 <sup>™</sup> Period ends.	
After School	Get help with school work. Play a sport. Attend club meetings.	
Home	Complete homework (approximately 1 hour).	





## Typical Student Day at Cambie (W/Th in 2022-23) \*Semester Schedule

8:15 a.m.	Arrive at school. Go to your locker. Organize yourself for Personalized Learning Time (signed up the night before)	
8:25 a.m.	Warning Bell. Proceed to YOUR space/room for PLT.	
8:30 a.m.	PLT begins (75-minutes).	
9:45 a.m.	End of PLT.	
9:50 a.m.	$1^{ST}$ Period begins (includes daily PA announcements).	
10:50 a.m.	End of $1^{ST}$ Period.	
10:55 a.m.	2 <sup>ND</sup> Period begins.	
11:55 a.m.	End of $2^{ND}$ Period. The 15-minute recess break begins.	
12:05 p.m.	Warning Bell. Proceed to 3 <sup>RD</sup> Period.	
12:10 p.m.	3 <sup>RD</sup> Period begins.	
1:10 p.m.	End of 3 <sup>RD</sup> Period The 45-minute lunch break begins.	
1:50 p.m.	Warning Bell. Proceed to 4 <sup>™</sup> Period.	
1:55 p.m.	4 <sup>™</sup> Period begins.	
2:55 p.m.	4 <sup>™</sup> Period ends.	
After School	Get help with school work. Play a sport. Attend club meetings.	
Home	Complete homework (approximately 1 hour).	

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## Grade 8 Student Program

The Grade 8 program at Cambie is designed to meet BC Ministry of Education requirements and to give students a broad range of educational experiences. Grade 8 students are enrolled in a standard program comprised of seven prescribed classes plus one elective.

- 1. English Language Arts 8
- 2. Social Studies 8
- 3. Physical & Health Education 8
- 4. Science 8
- 5. Mathematics 8
- 6. French 8
- 7. Applied Design, Skills, and Technologies 8 (Home Ec./Tech Ed.)

Students spend time in the six Applied Skills areas of study: foods, textiles, woodwork, electronics, and drafting.

#### 8. Fine Arts Elective

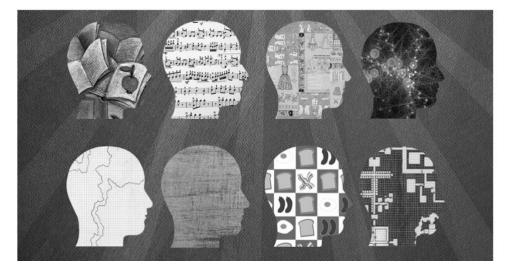
Each grade 8 student selects one of the following:

Art Studio 8 Band 8 Drama 8 Choir 8 Guitar 8





NOTE: The most up-to-date Program Planning Book will always be online.



## **Core Course Descriptions**

## **English Language Arts 8**

The English Language Arts 8 Program is developed around seven principles:

- 1. Language and text can be a source of creativity and joy
- 2. Exploring text and story helps us understand ourselves and make connections to others and to the world.
- 3. Developing our understanding of how language works allows us to use it purposefully.
- 4. Purpose, audience and context guide the author's choices in the construction of text.
- 5. Language can shape ideas and influence others.
- 6. People understand texts differently depending on their worldviews and perspectives.
- 7. Texts are socially, culturally, and historically constructed.

Students will develop a basic understanding of the fundamentals of the English language, as well as develop and refine strong writing, listening, speaking, and reading skills. A wide variety of novels, short stories, and works of non-fiction will be used.

#### **Social Studies 8**

The Social Studies 8 area of learning spans from the 7<sup>th</sup> century to 1750. In this course, it is our hope that students learn more about themselves, each other, and the world we inhabit. The course involves Big Ideas about power, ideas, and change. Students completing this course will be able to recognize how the ideas and stories of various societies left a mark on cultures and landscapes, and will be able to see how these same patterns are present and active in their own world. By studying some of the many different cultures and ways of life that exist and have existed throughout the world from the 7<sup>th</sup> century to 1750, students will develop not only a deeper understanding of the differences between peoples, but also an appreciation for aspects of the human experience shared across time and space.





### **Physical and Health Education 8**

The goal of this course is to develop the knowledge, understanding, and skills necessary to maintain a healthy lifestyle by remaining physically active throughout life. By providing opportunities for students to participate in a variety of movement categories, it is hoped that students will discover activities that they will enjoy into adulthood. Students will learn skills, rules, strategies, and etiquette for various games as well as appropriate social behaviors for working in team situations. In addition, students will learn about making healthy choices, building healthy relationships and advocating for the health and well-being of others.

#### Science 8

Science 8 is a general science course that teaches scientific literacy, lab skills, and scientific inquiry methods that enable students to predict, analyse, and communicate information. The big ideas explored in this course include: (Biology) the cell is the basic unit of life; (Chemistry) the behaviour of matter is explained by understanding the Kinetic Molecular Theory; (Earth Science) Earth's geographical processes are explained by the Plate Tectonic Theory; and (Physics) energy is transferred as both a particle and a wave. Classroom learning activities that teach to the big ideas are selected to provide student opportunities to develop skills in critical thinking, collaboration, and communication.

#### Mathematics 8

The purpose and big ideas of this course are to enable students to understand that:

- Numbers can be represented in many forms and reflect different relationships.
- Numeracy helps us to see patterns, communicate ideas, and solve problems.
- Patterns allow us to see relationships and develop generalizations.
- Geometry and measurement empower us to make meaning of the world.
- We can apply mathematics to inquiry questions and use it to communicate information and data.
- Data enable us to draw conclusions and make predictions in an unstable world.

Throughout the course, students will be given opportunities to develop reasoning, analyzing, understanding, solving, communicating, representing, connecting, and reflecting skills while learning the content in the following areas: integers, operations with fractions, rates & ratios, financial literacy, square roots & Pythagorean Theorem, linear equations & functions, surface area & volume.





#### French 8

Frennch 8 focuses on basic French language skills to help students become more comfortable using the language in fun and practical ways. Emphasis is on building their communication and comprehension skills through speaking, listening, writing, and reading. Students will learn to ask and answer a variety of questions about familiar topics, describe people and personal interests, explain reasons for physical/emotional states, express basic beliefs and opinions, and recognize the relationship betwenn French letter patterns and pronunciation. Students will practice these skills through daily speaking and writing activities, songs, games, skits, videos/movies, *Communi-Quête 1 (textbook), the Cahier Interactif and Duolingo.* Each unit will conclude with a project in which students demonstrate their learning in creative and practical ways.

## Applied Design, Skills, and Technologies

The teacher responsible will evaluate each "mini course" separately.

#### Home Ec. 8

This course is a part of the Applied Design, Skills, and Technology 8 rotation. The module of Home-Ec 8 will include Food Studies and Textiles. Within Food Studies, students will learn how to prepare food safely, develop their basic food preparation skills, and learn how to select and use tools and equipment for the various cooking principles used. In Textiles, students will learn how to sew by hand and by machine; students will work on about 2 to 3 projects in Textiles.

#### Tech Ed. 8

Students will work in a variety of areas to develop and use technology, develop plans and design products within their ability. Learn about technical requirements of various careers and safety, the use of different materials and their possible use in the future. Areas looked at will be in Electronics, Wood Work, Technology Design and Fabrication, and EDD.

#### Art Studio 8

#### **Fine Arts Elective Studies**

Do you love to draw, paint, sculpt, and create...or maybe just improve your skills with some new and crazy techniques? Then this is the course for you! Art 8 is a "little bit of everything" course, and provides a <u>great</u> background for future art courses in Art Studio, Studio Arts 2D, Studio Arts 3D, and Photography. Projects include a fun variety of drawing and painting projects, collage, clay, paper mache, wire...you name it, we can <u>create</u> with it!

The Cambie art studios provide a creative, fun and supportive place for students to explore new skills and to enjoy and appreciate their own work and the creations of others. Come join the creative chaos!





#### Band 8

Anyone interested in playing a band instrument is welcome to take this course. While previous band experience if recommended (i.e. playing in at least one year of elementary band), it is not required. The band plays a wide range of genres, from traditional band pieces, to jazz, pop, and movie themes. Students will develop healthful playing technique, tone, music theory, and ear training. This group performs at the school and in the community throughout the year. Come make music with us!

#### Drama 8

Drama 8 is an active course that introduces students to the theatre. Topics covered are mime, voice, movement, improvisation, character work, playmaking, and performance basics. Teamwork, self-discipline, cooperation, and creative risk taking are stressed. Drama 8 builds confidence, improves public speaking skills, and collaborative skills. It's a fun and safe environment where students can explore their own creativity and story-telling potential.

#### Choir 8

Anyone interested in choral singing is welcome to take this course. No musical experience is required. Students will learn to develop their vocal technique through vocal health practices, voice projection, music theory, and ear training. If you can sing in the shower, you can sing in this choir. Sing on with us!

#### Guitar 8

This course is for students who have little or no experience on guitar. Students will develop skills such as finger picking, strumming, and chord forms. Students will also develop an understanding of music theory through playing rhythm, melodies, and chords. Students will be encouraged to improvise, compose, and perform solos or in small groups. Come learn to make and share your music with us!

#### Career Education 8 (off-timetable)

Career Education 8 is designed to help you think about your strengths, preferences, and skills and how to develop and use these aspects in planning for your future life and career plan. Students begin to explore the concepts of potential preferences in their future employment, learning styles, interests, skills and what motivates them. This course will take most students approximately 30-35 hours to complete and will be completed outside of the regular classroom schedule through our online platform "MyBlueprint".





## **Support for Learning**

At Cambie, we provide a variety of supports for our students to help them be as successful as possible. An integrated team of teachers, support staff, counsellors, and administrators support our grade 8 students. This team meets regularly to continually adapt the supports available to provide programming that is designed and delivered to focus on the needs of our students.

These supports can include services such as:

- a drop in learning centre, The Cambie Commons, where students can receive extra support during class
- Personal Learning Time every Wednesday and Thursday

Some students may also be offered a Learning Strategies block based on recommendations from their grade 7 teachers. Further information about this program will be provided to these students and their families towards the end of their grade 7 year.

## English Language Learners

At Cambie, the English Language Learner program is offered to help students develop fluency and literacy in English, so that they will be able to be successful in the academic and social environment of regular classes. Students are programmed according to their language skills.

#### ELL programming for students will depend on their ELL levels and grades:

	Required	Permitted
Level 1	3 blocks of ELL	Math, PHE, and electives
Level 2	3 blocks of ELL	Science, Math, PHE, and electives
Level 3	2 blocks of ELL	Social Studies, Math, Science, PHE, and electives
Level 4	1 block of ELL	<b>English,</b> Social Studies, Math, Science, PHE, and electives
Level 5	ELL Support	Regular Program







### **Clubs - Groups - Committees**

There are many ways for students to become involved at Cambie. Joining a club, group, or committee is a wonderful opportunity for students to develop leadership skills, make new friends, and learn new talents.

The selection of clubs, groups, and committees varies from year to year depending on the interest of students and staff. A list of past activities, groups, and committees is shown below.

An activity called "Clubs Day" is hosted in the rotunda during one lunch break in September. Club coordinators set up tables and provide information to introduce their program so that students can learn about opportunities that interest them.

**1**<sup>st</sup> **Responders** – Students train in first aid, and provide first aid service to students.

**Art Club** - These students are follow their passions for the visual arts and help produce amzing displays for the school community to enjoy.

**Audio Visual Club** - These students are in charge of the technical set-up for events at Cambie. They work closely with Student Council and the Rec Leadership class.

**Brothers Helping Others** – This is an inclusive group for male students in all grades. It allows students to support diverse opportunities to support the community.

**Cambie Counselling Centre (CCC) Helpers** - These energetic and active students are highly involved in key school events throughout the year. Some of these events include: the Post-Secondary Evening, Christmas Fundraising, Cambie Showcase, and Transition Activities. All are welcome.

**Friendship Club** - Students meet several times a year during lunch to make crafts and to learn about different cultures. A fun and relaxing time for all!

**Ecosavers Green Team** - This club supports the school's environmental stewardship responsibilities.

**eSports Club** – This club meets in the Computer Lab weekly and enjoys all that eSports competition can offer.

**Improv Club** –This club helps students follow their passions for the performing arts and aims to qualify for and compete in the Improv Games.



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**Interact Club** – Sponsored by Rotary, this club helps students work towards community service goals.

**K-Pop Club** - This club provides a place for students to showcase their passion for K-Pop by showing their talents through dance.

**Library Club** - These students provide an invaluable service by helping to keep the library in tiptop order.

**Peace Club** - The Peace Club organizes fundraisers for community charities and helps with school activities.

**Robotics Club** - The Robotics Club works together to design and build robots and simple machines using their skills in engineering and electronics.

**Ski/Snowboard Club** - This club provides the opportunity for students to enjoy skiing and snowboarding on Cypress Mountain. It's a great way to improve your skills and make new friends. In addition, a one-day trip to Whistler Mountain is available for all interested students.

**Student Council -** One Grade 8 student will be elected in September to represent the Grade 8's on the Student Council. Other students can also be a part of the committee as a Member-at-Large.

**Unity Club** – This club provides a place for students to show caring for their fellow students.

Weight Training Club – This club is for students who want to become fitter and stronger.

And many more...



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## **Cambie Athletics**

Over the years, Cambie has gained wide acclaim for the large number of students participating in our athletic programs. There are many opportunities for both the recreational and high performance athlete. At Cambie, we stress teamwork, skill development, commitment, and sportsmanship.

#### **Extra-curricular Sports**

These are the teams that are involved in inter-school play. These teams may advance to a District Championship or South Fraser Zone Championship and potentially Provincial Championships. Divisions in inter-school athletics are determined by age.

Extra-curricular sports are sponsored by volunteer staff members and are coached by volunteer staff members and community members. <u>Teams offered depend on staff and student interest.</u>

#### Fall Season

Volleyball Soccer Swimming Cross Country Rugby Cheerleading Girls Grade 8-12 & Boys Grade 10-12 Boys Grade 8-12 Boys and Girls Boys and Girls Boys Grade 8-9

## Winter Season

Basketball Table Tennis Cheerleading Boys and Girls Boys and Girls Girls and Boys 8-12

Girls and Boys 8-12

#### Spring Season

Badminton Soccer Volleyball Rugby Track and Field Cheerleading Boys and Girls Girls Grade 8-12 Boys Grade 8-9 Boys Grade 10-12 Boys and Girls Girls and Boys 8-12









