

MAY 6 – 10, 2019



CAMBIE Parent Week at a Glance

Monday May 6	Tuesday May 7	Wednesday May 8	Thursday May 9	Friday May 10
DAY 1 4123	DAY 2 4123	DAY 1 1234	DAY 2 1234	DAY 1 2341
Ramadan May 5 – June 4	After School Support Cambie Commons Badminton Championships After School	AP English Exam Portable 1 8:00 – 11:00 am RIE Luncheon Library After School Support Cambie Commons Badminton Championships After School	PLT Day Term 3 Interims Emailed Home After School Support Cambie Commons Badminton Championships After School PAC Meeting 7:00pm	AP Art Portfolio Deadline Fun Food Friday Lunch

May 6 – 10 is Mental Health Week (See below for details)

RAMADAN:

To all of the families in our community celebrating Ramadan, we wish you a *Ramadan Mubarak*. We recognize that students who choose to fast may see an impact on their energy levels and focus in class. Students are encouraged to do the best they can to participate in their learning during this month.

MENTAL HEALTH WEEK:

During CMHA Mental Health Week, let's #GetLoud about what mental health really is. Mental health is a state of well-being, and we all have it. We might have a mental illness, and we might not. Either way, we can all feel well. We can all have good mental health. It is about having a sense of purpose, strong relationships, feeling connected to our communities, knowing who we are, coping with stress and enjoying life. And it's never too early or too late to get there. But it's not just about what you do for yourself, by yourself—everyone needs healthy and supportive places to work, live and learn. For more information, visit:

<https://mentalhealthweek.ca/>

TERM 3 AT-RISK INTERIMS:

Students who are at risk of not completing the learning standards of a course will be receiving at-risk interim reports on Thursday. These will contain suggestions for how students can complete their coursework in the remaining weeks of school. These will be emailed to parents on Thursday.

AFTER SCHOOL SUPPORT: CAMBIE COMMONS

With the end of the year quickly approaching, it is important that students take every opportunity to work towards completing their coursework. Please remind your child of the support that is available to them after school in Cambie Commons every Tuesday, Wednesday, and Thursday.

DATES TO REMEMBER:

- May 13-17 Strathcona Park Lodge – Pathways 8
- May 14 Pathways 10 Evening of Exploration
- May 16 Pathways 10 Takaya Paddling Tour
- May 16 School Dance all grade 6-9pm
- May 17 Pro-D Day/ Staff Appreciation Lunch hosted by PAC
- May 20 Victoria Day (school closed)
- May 23 Grade 8/9 Conference Day
- May 23 Athletic Banquet – 6pm
- May 29-31 Pathways 9 Galiano Trip
- May 30 School Awards Ceremony – 7pm
- June 6 Grade 7 Feeder School Family Dinner (Pizza)
- June 13 Grade 12 Assembly and Valedictory Rehearsal
- June 14 Valedictory Ceremony 7:00pm
- June 21 Last Day of Classes
Yearbook Distribution
H.J. Cambie Day Year-End Celebration
- June 21-27 Numeracy Assessments & Exams
- June 26 Graduation Dinner and Dance/Dry Grad
- June 26 Report Cards Published
- June 28 Administrative Day