

May 6 - 10, 2024



CAMBIE FAMILY WAAG



| Monday May 6 (CDAB) | Tuesday May 7 PLT (CDAB) | Wednesday May 8 (CDAB) | Thursday May 9 (CDAB) NO PLT | Friday May 10 (CDAB) |
|---------------------------|--|---|---|----------------------------|
| Pathways Strathcona Trip | PLT 8:30 9:45 Block C 9:50 10:50 Block D 10:55 11:55 Recess 11:55 12:05 Block A 12:10 1:10 Lunch 1:10 1:50 Block B 1:55 2:55 | Block C 8:30 9:30 Block D 9:35 10:35 Recess 10:35 10:55 Block A 10:55 11:55 Block B 12:00 1:00 | Block C 8:30 9:30 Block D 9:35 10:35 Recess 10:35 10:55 Block A 10:55 11:55 Block B 12:00 1:00 | Pathways Strathcona Trip |
| | Pathways Strathcona Trip Wellness Fair Parent Teacher Conference Booking system Closes @2 pm Cambie Commons Open 3:00pm – 4:40pm | Pathways Strathcona Trip Early Dismissal @ 1:00pm Parent Teacher Conferences 2 - 4pm & 6 - 8pm | Pathways Strathcona Trip Early Dismissal @ 1:00pm Parent Teacher Conferences 2 - 4pm | |

Parent Teacher Conference:

Our upcoming Parent-Teacher Conferences are scheduled for **Wednesday, May 8 (2-4 pm, 6-8 pm) and Thursday, May 9 (2-4 pm)**. These conferences will be conducted in person, providing a valuable opportunity for you to connect with your child's teacher. To ensure a smooth experience, please note that appointments must be booked online. **The booking system will close on Tuesday, May 7 at 2 pm.** Please check your email and our website for help with the booking system. Thank you, and we look forward to meeting with you during the conferences.

Student and Family Affordability Fund

The provincial government recently announced a renewal of one-time funds for the Student and Family Affordability Fund. This fund is designed to assist families who require financial assistance with school-related costs in the following areas:

- school and course fees
- school supplies and course materials
- field trips
- school-related extracurricular opportunities
- clothing and footwear required for sports and school activities

Please reach out to Cambie Principal, Marcy Timmins, mtimins@sd38.bc.ca if you are in need of assistance. As always, all requests will be treated with dignity and your privacy will be respected. We want to work with our families to ensure that our students, your children, have everything they need to be successful at school. Please do not hesitate to reach out if we can help.

Mental Health Awareness Month

With Mental Health Awareness Month coming up in May the Mental Health Promotion Club is busy planning activities to celebrate this year's theme **A Call to be Kind**. Our activities centre around understanding that we need to be kind to others and take care of ourselves. Key messages to students are being kind involves ensure we get the support we need, and taking care of ourselves involves developing a healthy lifestyle.

The activities include two initiatives:

Wellness Fair - May 7th - 11:55am - 1:50pm

Move In May - May 14, 16, 21 & 23, A participation-based contest to get active during the month of May at lunch. More Information to follow

May 7 Wellness Fair

On **Tuesday May 7** the Mental Health Promotion Club will be hosting the Wellness Fair in the Rotunda **during break and lunch**.

Students will be able to visit the booths of our community partners to learn about their resources offered. We will also have furry visitors from Rabbitat for petting, and a drop-in bike tune up provided by our own David Lee. Our Mental Health Promotion Club and Here 4 Peers will also host tables to share info with students. Students will be encouraged to visit each Community Partner and activity showcased at the fair with their BINGO card. **All students who complete the BINGO card by visiting all stations will be entered in a draw for a \$25 Tim Hortons gift card.**

Evidence-Informed Mental Health Resources

[HealthyMindsBC](#) provides evidence-informed prevention and early intervention tools and resources, including online learning opportunities. This site is for parents, caregivers, families, educators and other professionals to help them support the everyday mental health of children and youth. A series of courses that focus on [Everyday Anxiety Strategies for Educators](#) (EASE K-7 and 8-12) and [Early Years](#) are available. The newest course, [Walking Alongside Youth with Anxiety](#) (WAY), is designed to build capacity and support the foster care providers and out-of-care/kinship care providers who are caring for Indigenous and non-Indigenous youth with mild to moderate anxiety.

Summer Learning Information and Registration Details.

Please check out this link.

<https://hjcambie.sd38.bc.ca/news/2024/04/summer-learning-2024>

DATES TO REMEMBER:

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|------------|--|
| May 6 - 10 | Pathways Strathcona Trip |
| May 7 | Wellness Fair @ Break & Lunch |
| May 7 | Parent Teacher Booking System Closes @2:00pm |
| May 8 | Early Dismissal @ 1:00pm |
| May 8 | Parent Teacher Conferences @ 2-4pm & 6-8pm |
| May 9 | Early Dismissal @ 1:00pm |
| May 9 | Parent Teacher Conferences @ 2-4pm |
| May 15 | CLC Conference Day #3 |
| May 16 | Volunteer Hour Tracking Forms DUE!!! |
| May 16 | PAC Meeting - AGM @6:30pm |
| May 17 | Pro-D-Day - NO SCHOOL |
| May 19 | Bubble Tea Ordering Closes |
| May 20 | Victoria Day - NO SCHOOL |

Bubble Tea - Brought to you by Cambie PAC

If you missed the chance the first time, The Bubble Tea Truck is coming back!! PAC Bubble Tea Pre-Order (pick-up lunch hour Wednesday May 22):

1. Brown Sugar Milk Tea - \$6.00 add Pearls +.75 add Coconut Jelly +.75
2. Taro Milk Tea - \$6.00 add Pears +.75 add Coconut Jelly +.75
3. Lychee Green Tea - \$6.00 add Pearls +.75 add Coconut Jelly +.75
4. Exotic Fruit Tea - \$6.00 add Pearls +.75 add Coconut Jelly +.75

Deadline to order **by Sunday May 19 at Midnight**.

To Order: <https://richmondsd38.schoolcashonline.com/Fee/Details/78541/125/False/True>

Cambie Yearbook Now on Sale!



The Cambie 2023-2024 Yearbook Pre-order deadline is Sunday, April 21st. Purchases cannot be guaranteed after the deadline - we ran out last year! Please visit School Cash Online to secure your copy today!

Is your child graduating this year...

Post-Secondary Institution (PSI) Selections for 2024 Graduates

Please remind graduating students to make their PSI selections in the [Student Transcripts Service](#) (STS). [Most public B.C. and Alberta universities and colleges](#) and the [Ontario Universities' Application Centre \(OUAC\)](#) can retrieve ongoing transcript updates as soon as authorized by the student in STS.

Service Award's

Attention all Grade 12 Students! If you wish to be considered for a Service Award, you must submit your **Volunteer Hours Tracking Form** to the Office by **Thursday May 16, 2024**.

Flip the Script - Sexual assault workshop May 25th & 26th

Saying NO isn't always easy, flip the Script on Sexual Assault. Join this 2-day evidence-based program where young women learn about healthy boundaries and sex. On May 25th & 26th from 10:00am - 5:00pm in the Games Room @ Cambie Community Center

During this 2-day workshop youth will learn to:

- Trust their instincts of when they feel uncomfortable or unsafe.
- Explore their values on relationships & sex.
- Practice defending themselves.
- Know how to help a friend.

For more information, please click [Here](#)

Email eees5@richmond.ca to register today!

Hurry! There are only 20 spots available!!! All self-identified women aged 15-18 welcome

Cambie PAC Meeting

Please note that our May PAC Meeting date has **changed to May 16th at 6:30pm**. This PAC meeting will be our **Annual General Meeting** where we hope to complete our executive membership for next year. Please see the attached Constitution to have a look at the roles and duties of the executive members. We do have a few parents continuing on in their roles, but we have parents "Graduating" and we seek your participation! Please join

us, May 16th. A TEAMS link will be sent to families in advance of the meeting should you wish to join the meeting remotely. [Constitution](#)